

Sharing Vital Information with our Valued Partners

## **Diabetes Awareness**

## Did you Know?

In the United States, there are nearly 26 million children and adults who live with diabetes, and another 79 million are at high risk for developing type 2 diabetes! Diabetes is taking a devastating physical, emotional and financial toll on our country. According to the American Diabetes Association, the total national cost of diagnosed diabetes in the United States is now at \$245 billion. Direct medical costs are \$176 billion, and the average medical expenditure among people with diabetes is 2.3 times higher than those without the disease. More than 20% of all healthcare dollars go to caring for someone with diabetes. (SOURCE: www.diabetes.org)

Diabetes is the leading cause of new cases of blindness among adults. It is important for Diabetics to have their eyes examined regularly so that appropriate treatment can be initiated at the first sign of a problem.

In a routine eye examination through Avēsis, your eye doctor can detect signs of diabetes well before it manifests itself in other parts of the body. This provides cost-effective, early intervention into what otherwise can be a catastrophic claim. Sight is precious . . . preserve it.

## Let's work together

Prevention is key to ensuring optimal wellness. Avēsis looks forward to continuing to provide you with a vision care plan necessary for good eye health.

At Avēsis, we understand the importance of vision care. We also appreciate our partnership and want to promote healthy vision. If you have not received your annual vision exam, please take time to make your appointment.

www.avēsis.com/maricopa