

Eye Care Program

The following program standards and requirements shall apply to the routine benefit in order to be reimbursed for the eye exam portion of the benefit available to Covered Persons.

Eye Examination Standards and Requirements

An eye examination shall be performed in accordance with all current and future state board of optometry and professional standards. All findings and test results shall be recorded, both normal and abnormal, in a clear, legible fashion. An eye examination shall include, at a minimum, the following, whenever possible:

1. Medical / Eye History
 - Chief complaint
 - Age
 - Medications
 - Family history
 - Significant visual changes
2. Visual Acuities
 - Entering, with or without correction, distance and near.
 - Best corrected with final Subjective RX, distance and near.
3. Cover Test – Findings must be recorded at 20 feet as well as 16 inches.
4. Versions/Motility Assessment
5. Pupils and Pupillary Reactions
6. Screening Visual Fields
 - Record all findings including test or instrument used.
7. Refraction
 - To include objective refraction and subjective refraction.
8. External Examination / Biomicroscopy
 - Lids
 - Conjunctiva
 - Cornea
 - Crystalline lens
 - Anterior Chamber Angle Quantification
 - Media Clarity
9. Tonometry / Intraocular Pressure
 - You must include method of obtaining pressures and the time of day.
10. Ophthalmoscopy – Direct / Indirect
 - A dilated examination of the retina and the peripheral retina to be performed whenever professionally indicated.
 - Document all findings in the vitreous, macula, optic nerve, including numerical C/D ratio, retinal vessels and grounds.
11. Diagnosis and Treatment Plan